

Colorado School of Dance

Dance Team Skill/Technique Requirements

This is a guideline only. Performance of skills are equally important.

Premier Ballet Company Suggested Skills (Level 3A/4B/4A)

Control and proper placement in Adage:

- Classical ballet positions of the body
- Classical ballet positions in arabesques.
- Fondu, développé, promenade in arabesque, relevé passé

Clean Pirouettes:

- Single pirouette en dehors, en dedans- for Ballet level 4B-4A on pointe
- Double pirouettes en dehors, en dedans on flat for Ballet level 3A-4A

Power, height and precision in petite allegro

- Changement, royale, entrechat quatre, glissade, jeté temps levé, assemblé, sissonne fermée

Grand allegro with fluidity and elegance

- Waltz, Sauté Arabesque, Pique arabesque,
- Piqué turns, chainé turns, saut de basque, saut de chat, tour jeté, saut de chat

Flexibility:

- Splits front, back, 2nd

Potential and commitment to learning nuances of classical ballet technique and classical choreography.